**MTT Loop 1 - 3.50 miles**

Start at Squirrels Way

Turn left onto North Arthur Ashe Blvd 0.12 mi

Turn right onto Boulevard West - road by old bus station 0.17 mi

Continue slight left onto Rosedale 0.48 mi

Turn right onto Westwood Avenue 0.77 mi

Turn left onto Lanvale Avenue 0.98 mi

Turn right onto Seddon Road 1.17 mi

Head straight - Seddon becomes Laburnum Park Blvd 1.38 mi

Turn right onto Brook Road 2.02 mi

Turn right onto Westwood Avenue 2.25 mi

Turn left onto North Arthur Ashe Boulevard 2.88 mi

Turn left onto Squirrels Way - water @ stadium

End 3.50 mi

GPX - <https://drive.google.com/file/d/1F_JoGyja7c9qwNcXTdj43UJuptMjP5kL/view?usp=sharing>

MapMyRun - MTT Loop 1 - 3.50 miles – <https://www.mapmyrun.com/routes/view/6612095984/>

RunGo - MTT Loop 1 - 3.50 miles - <https://routes.rungoapp.com/route/ntOxJINZ0E>

**MTT Loop 2 - 3.50 miles**

Start at exit back of stadium - Sherwood Ave

Turn left onto Sherwood Ave 0.18 mi

Turn right onto Seminary Avenue 0.97 mi

Turn right onto Overbrook Road 1.30 mi

Turn left onto Hermitage Road 2.10 mi

Turn right onto West Leigh Street .40 mi

Turn right onto North Arthur Ashe Blvd 3.00 mi

Turn right onto Squirrels Way 3.38 mi

End at water @ stadium 3.51 mi

GPX - <https://drive.google.com/file/d/1Bd_x7e_d8sROxhyHkNZ8KjQ-eLfKnU50/view?usp=sharing>

MapMyRun - MTT Loop 2 - 3.50 miles – <https://www.mapmyrun.com/routes/view/6612102573/>

RunGo - MTT Loop 2 - 3.50 miles - <https://routes.rungoapp.com/route/pJvLAw5DDs>

**MTT Loop 3 - 3.19 miles**

Start at Squirrels Way

Turn left onto North Arthur Ashe Blvd 0.12 mi

Turn right onto West Moore Street 0.51 mi

Turn left onto Roseneath Road 0.90 mi

Turn right onto West Broad Street 1.18 mi

Turn left onto Roseneath Road 1.21 mi

Turn left onto Park Avenue 1.62 mi

Turn left onto North Arthur Ashe Blvd 2.14 mi

Turn right onto Squirrels Way 3.06 mi

End at water @ stadium 3.19 mi

GPX - <https://drive.google.com/file/d/1Tvulj7Zoh6vkSdEfKx7WJ1ux8USCmBGQ/view?usp=sharing>

MapMyRun - MTT Loop 3 - 3.19 miles – <https://www.mapmyrun.com/routes/view/6612187045/>

RunGo - MTT Loop 3 - 3.19 miles - <https://routes.rungoapp.com/route/WVMy0vRdLk>

**MTT Loop 4 – 4.73 miles**

Start at Squirrels Way

Turn right onto North Arthur Ashe Blvd 0.12 mi

Turn right onto Nottoway Avenue 1.31 mi

Turn right onto MacArthur Avenue 1.63 mi

Turn left onto Claremont Avenue 1.71 mi

Stay slight left onto Claremont Avenue - cross Fauquier Ave 1.83 mi

Stay slight right onto Claremont Avenue 1.92 mi

Turn right onto Brook Road 2.07 mi

Turn right onto Brookland Parkway 3.17 mi

Turn left onto North Arthur Ashe Blvd 4.00 mi

Turn left onto Robin Hood Road 4.31 mi

Turn right onto enter the Green lot of the stadium

End at water @ the stadium 4.73 mi

GPX – <https://drive.google.com/file/d/1NqNm9J215u8Oq8V2jxNRlqEsbgLReh4t/view?usp=sharing>

MapMyRun - MTT Loop 4 – 4.73 miles - <https://www.mapmyrun.com/routes/view/6612194488/>

RunGo - MTT Loop 4 – 4.73 miles - <https://routes.rungoapp.com/route/klQI2ErqLn>