

REGISTRATION FORM | Half Marathon Training Team

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(We encourage all participants to carry a cell phone on their person for all training sessions for safety) As part of the training program, we subdivide the team into smaller groups. These groups are intended to be of people who have speeds and training levels. In order to assign you to the proper group, please answer all of the following questions: What training level are you? Please check only one (based on milage).											NAME PHONE NUMBER																
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Every participant must sign this waiver! Runner's Agreement, Waiver, Release, And Acknowledgment

I know that running or walking a road race is a potentially hazardous activity. I will not enter and participate unless I am qualified, in good health, medically able, and properly trained. I assume all risks associated with this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, the conditions of the road, potential exposure to communicable disease (including but not limited to coronavirus/COVID-19, other viruses, bacteria, and all other infectious pathogens and disease vectors), all such risks being known and appreciated by me. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the event. I fully accept and assume all responsibility for losses, costs, and damages I incur as a result of my running this event. I agree to abide by any decision of a race official relative to my ability to safely complete the event. Having read this waiver, knowing these facts, and in consideration of accepting my entry, I for myself and anyone entitled to act on my behalf, discharge, waive, and release the Metropolitan Richmond Sports Backers, Virginia Commonwealth University Health System Authority, CarMax, AGA Service Company, Allianz Partners, City of Richmond, County of Henrico, USA Track & Field, Road Runners Club of America, and any other sponsors, along with their officers, directors, agents, volunteers and employees from all claims or liabilities of any kind arising out of my participation in this event.

Signature Date

TRAINING TEAM FEES

Includes FREE entry into 2023 CarMax Richmond Half Marathon and Sports Backers Half Marathon Training Team Through July 19 \$150 =\$ July 20 - August 31 \$160 $=\dot{s}$ Income Based (through 9/5) \$35 =\$ **Donation to Sports Backers Youth Programs** = \$ Make a \$50 donation to Sports Backers TOTAL = sYouth Programs and take \$20 off your entry fee.

You may defer your 2023 Sports Backers Half Marathon Training Team until Aug 22 for \$20. You may not defer your free entry in the 2023 CarMax Richmond Half Marathon.

SPECIAL RATE VERIFICATION - OFFICE USE ONLY

This individual has demonstrated eligibility of income less than \$25,000/year by providing one of the following:

Tax Return ☐ Verification/Eligibility letter from Social Services

Approved by:

Date

Make check payable to Sports Backers. Bring this form or mail along with any documentation of need, if applicable, to the Sports Backers office located at 100 Avenue of Champions Richmond, VA 23230. Or email it to mara@sportsbackers.org

marathon@sportsbackers.org | www.richmondmarathon.org | (804) 285-9495