**INTERMEDIATE – 9 Miles**

START at City Stadium

LEFT on Freeman Road  
LEFT on McCloy St - - 0.16 mi  
RIGHT on W Cary St - - 0.73 mi  
LEFT on S Belmont Ave - - 0.85 mi  
RIGHT on Ellwood Ave - - 0.93 mi  
LEFT on N Foushee St - - 3.04 mi  
*SAG on Fushee between Main & Franklin*

LEFT on W Franklin St - - 3.11 mi  
*SAG on Monument between Malvern & Antrim*

LEFT on Commonwealth Ave - - 6.44 mi  
LEFT on W Franklin St - - 6.63 mi  
RIGHT on Kent Rd - - 7.20 mi  
LEFT on Patterson Ave - - 7.34 mi  
RIGHT on Cleveland St - - 7.88 mi  
RIGHT on Grove Ave - - 8.19 mi  
LEFT on N Dooley Ave - - 8.33 mi  
RIGHT on W Cary St - - 8.59 mi  
LEFT on Freeman Rd - - 8.63 mi  
FINISH at City Stadium, when you get 9 miles

TH Monument Ave I - - <https://routes.rungoapp.com/route/bZyAvOFBA6>