**INTERMEDIATE – 12 MILES**

START at City Stadium

RIGHT on Freeman
RIGHT on W Cary Street - - 0.41 mi *(Novice will turn Left)*
LEFT on S Dooley Avenue - - 0.46 mi
RIGHT on Ellwood Avenue - changes to Main Street after Arthur Ashe - - 0.54 mi
LEFT on N Allen Avenue - - 1.73 mi
LEFT on W Broad Street - - 2.33 mi ***CAUTION crossing Broad; wait for the walk signal to cross!*** *You are on the race course.*
RIGHT on N Arthur Ashe Boulevard - - 3.13 mi – ***STAY ON THE LEFT sidewalk of Arthur Ashe the road is closed on the other side after the movie theater.*** *(You will be joining the Novices on the route here) - This is part of the race course.*

SAG at Arthur Ashe & Moore at the Boulevard Burger & Brew

***STAY ON THE SIDEWALK, especially over the bridge; drivers cannot see you.***

RIGHT onto Pope Avenue, through the arch - - 5.17 mi – *Part of the race course*
LEFT on Crestwood Road - - 5.53 mi *(Novices will turn right)* *– Part of the race course*
RIGHT on Lorraine Avenue - - 5.57 mi – *Part of the race course*
TURNAROUND at the end of Lorraine Avenue - - 5.94 mi – *Part of the race course*
LEFT on Crestwood Road - - 6.30 mi – *Part of the race course*
LEFT on Fauquier Avenue - - 6.39 mi – *Part of the race course*
RIGHT on Brook Road- - 7.25 mi - ***CAUTION crossing this intersection. After crossing you want to end up facing traffic on Brook. USE THE WALK SIGNALS! It’s a confusing intersection. Stay on sidewalk and out of bike lanes on Brook*** *–* *Part of the race course*

SAG on Brook at Walton Avenue

RIGHT on N Lombardy Street - - 8.76 mi – *Part of the race course (until Grace Street)*
*No sidewalk on the right as you approach Broad- use caution here and while crossing Broad*

RIGHT on Floyd Avenue - - 9.96 mi

SAG on Floyd between N Vine & N Allen in front of Dogwood Middle School

LEFT on N Auburn Avenue - - 11.23 mi
LEFT on Cary Street - - 11.40 mi
RIGHT on McCloy Street - - 11.43 mi
RIGHT on Maplewood Avenue - - 11.74 mi
LEFT on Freeman Road - - 11.91 mi
FINISH at City Stadium when your GPS says 12 miles

TH Pope I - <https://routes.rungoapp.com/route/H69mG1mNEo>