



REGISTRATION FORM | 8k Training Team

ENTRY FORM AND PAYMENT MUST BE RECEIVED BY SEPTEMBER 29, 2022

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First Name

Last Name

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Street Address

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City

State

Zip

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Daytime Telephone Number

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Date of Birth (mm/dd/yy)

Have you participated in the Sports Backers 8k Training Program before? (Please check one)

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Yes / No

Predicted Finish Time: (8k or 4.97 miles)

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(Hours : Minutes)

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M / F / MX
GENDER (circle one)

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E-mail Address:

Circle Technical Race Shirt Style: **Unisex Women's (v-neck)**

Circle Shirt Size (gender-specific): **S M L XL XXL**

Unisex T-Shirt Size: **S M L XL XXL**

Payment Method:

- Check (Payable to SPORTS BACKERS)
- Credit Card (Visa, MasterCard, or American Express)

Credit Card Number: _____ - _____ - _____

Expiration Date: ____/____/____ Security Code: _____

Name as it appears on card: _____

Please note:
All credit card transactions will incur a 5% processing fee.

What level would you like to train with? _____ Walker _____ Runner/Jogger

Location where you will train (Training begins September 15 at all locations)

- Southside - Bellemeade Community Center
- Midlothian
- East End
- Fan / Carytown
- Chesterfield Health Dept.
- Goochland YMCA
- Atlee / Hanover
- West End / Short Pump
- Traveling Team

RACE DAY EMERGENCY CONTACT

NAME _____

PHONE NUMBER _____

This training team has a **NO** refund policy, even in the case of a race cancellation, event format changes, postponement, and/or if you are unable to participate. You may not transfer your entry to another person. **NO EXCEPTIONS.** **Photo/Film Release:** Your image, motion picture, recording, or any other record of this event may be used for future marketing materials or other legitimate uses.

Every participant must sign this waiver!

Runner's Agreement, Waiver, Release, And Acknowledgment

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am qualified, in good health, medically able, and properly trained. I assume all risks associated with this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the event. I fully accept and assume all responsibility for losses, costs, and damages I incur as a result of my running this event. I agree to abide by any decision of a race official relative to my ability to safely complete the run. Having read this waiver, knowing these facts, and in consideration of accepting my entry, I for myself and anyone entitled to act on my behalf, discharge, waive, and release the Metropolitan Richmond Sports Backers, Markel Corporation, Virginia Commonwealth University Health System Authority, AGA Service Company, kaléo, Inc., City of Richmond, County of Henrico, USA Track & Field, Road Runners Club of America, along with their officers, directors, agents, volunteers, and employees from all claims or liabilities of any kind arising out of my participation in this event.

Signature _____

Date _____

TRAINING TEAM FEES

Includes entry into 2022 Richmond 8k and Sports Backers 8k Training Team

Through October 4 \$60 = \$

Income Based Rate \$15 = \$

Donation to Kids Run RVA = \$

Make a \$50 donation to Kids Run RVA and take \$20 off your entry fee.

TOTAL = \$

You may defer your 2022 Sports Backers 8k Marathon Training Team until Sept 18 for \$10. You may not defer your free entry in the 2022 Richmond 8k.

SPECIAL RATE VERIFICATION - OFFICE USE ONLY

This individual has demonstrated eligibility of income less than \$25,000/year by providing one of the following:

- Verification/Eligibility letter from Social Services
- Tax Return

Approved by: _____

Name

Date

Make check payable to Sports Backers. Bring this form along with proof of need, if applicable, to the Sports Backers office located at 100 Avenue of Champions, Richmond, VA 23230.